

Sullivan County Employee Appreciation Day

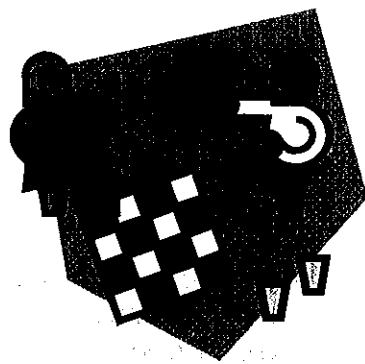
You and your family are cordially invited to join your co-workers for an Employee Appreciation Day!! Here is what you need to know!!!

When :Saturday, October 20th, 2007

Where: Ahern Building, Unity Facilities

Time: 11 am to 3 pm

Theme: Halloween



There will be activities for Employees and family members alike!!

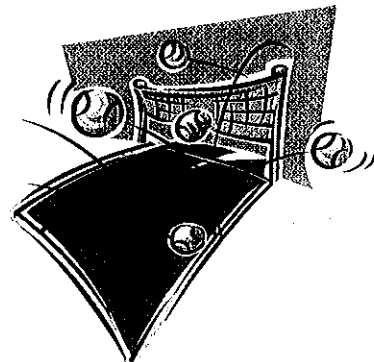


Bobbing for Apples
Tug of War
3 Legged Race
Volleyball
Wiffle Ball
.....and more.....

Have the kiddos, if you have them, dress up in their costumes and there will be Trick or Treating at the Health Care Facility.

We would love to get a head count for attendance, or if you would like to help out, please contact Ann LaBelle at 542-9511 ext 220 or Sam Fletcher at ext 286 to let them know if

you will be coming and with any guests.





Taking CHARGE of Your Finances

AN OPPORTUNITY YOU CAN'T AFFORD TO MISS!

PRESENTER: Gail P. Kennedy, UNH Extension Educator
Family & Consumer Resources

The focus of this four week financial education series is on increasing savings, decreasing debt, communication about money, placing a priority on buying needs rather than wants in order to achieve your financial goals, developing a spending/savings plan and understanding insurance.

Session I: ACHIEVING GOALS

Session II: MANAGING CREDIT

Session III: PROTECTING RESOURCES

Session IV: DEVELOPING A SPENDING/SAVINGS PLAN

Where: UNH Cooperative Extension
24 Main Street
Newport, NH 03773
Tel: 603-863-9200

When: Nov. 27 & Dec. 4, 11, 18, 2007
5:00 - 7:00 p.m.

Cost: \$20/individual or \$25/couple
Scholarships are Available

Taking CHARGE of Your Finances REGISTRATION

Please register as soon as possible by calling 603-863-9200 or by email at gail.kennedy@unh.edu and bring this form with you to the first class.

Name _____

Address _____

Telephone _____ Email _____

Water-logged MacConnell's Marchers

Despite a driving rain and 20-30 mph winds, a small group of Sullivan County Health Care employees and their families persevered and participated in the annual Memory Walk to benefit the Alzheimer's Association. The team of walkers was Becky Trudell, Doris Barratt (despite hanging out with Steven Tyler and Aerosmith until 1:30 am before the walk), Terri Martell, Cora LaClair, Jake Leslie, Kendra Leslie,, Patti Koscielniak, Michael Koscielniak and Stacy Koscielniak. The rain-soaked team, pictured in a photo by Stacy Koscielniak, called themselves the MacConnell Marchers in honor of Sullivan County Health Care residents with Alzheimer's Disease and related dementias and their families. MacConnell's Marchers would like to thank all who donated and raised funds in support of this worthy cause. The team met their fundraising goal and raised over \$1,000 for the Alzheimer's Association.



Submitted by:
Patti S. Koscielniak,, RN, BS
External Care Coordinator
Sullivan County Health Care

Dietary News

Submitted by Cora LaClair

As you know Ron has moved on to his life time dream of owning his own restaurant the employees in dietary wish him well.

The dietary dept would like to welcome 2 new employees, Amanda Ayotte and Lynn Martino they are certainly welcome additions to our staff.

On Sunday September 9 Cindy Columbia hosted a baby shower in the rec room for Heather Matuszewski. Heather received a lot of beautiful as well as useful gifts. Also thank you to activities for all your help with this project.

In October dietary plans to go to the winter menus, for more hearty meals. At this point we are working on them to get ready for the change over.

Weight Watchers at Work

Weight Watchers at work has started and is continuing with great participation from our employees. The wellness program of Sullivan County has been able to supplement the Weight Watchers program for most of the employees participating, and the remainder of their balance can be paid up front by the employee or can be deducted right from their paychecks. The next session will begin at the end of November, interested employees must sign up with Sam in Human Resources by the middle of November. Below is a contribution from Joanne Elie, or at work program leader about the Sullivan County successes!!!

Weight Watchers At-Work Programs are offered to promote employee wellness. Our group meets on Thursday afternoons for about 30 minutes. Each week we have a "topic" but the meeting can go in any direction the members choose. We say we like to talk about "what works" and laugh about what doesn't. Each meeting offers a chance to share tips, recipes and success stories. The members seem to enjoy the support from their co-workers and it is a relaxing time to unwind! This session only has women but we would certainly welcome any brave males that wanted to join our group. The first session for this group ran for 13 weeks and their total weight loss was 201 pounds. These women should feel proud of their accomplishments!

The Registry's Summer Adventures Submitted by Sharron King

Hi All!! Well, with summer coming to a close, things here at the Registry have slowed down substantially. Which means, we here at the office can "chit chat" about other things! It's not always 'all work and no play.'

Vacation times can be fun, a new experience, a time of sharing with other family members and friends. It can be expensive, not expensive, boring or anything that one chooses to put into it. All of us here have decided that we had fun and would like to share some of our "summer fun" experiences.

Let's start with Deputy Chaunee. Chaunee and her husband, Charlie, along with their daughter and son-in-law bought a little place, tucked away, up in Pittsburg, N.H. On any given weekend, you might see the "Beverly Hill Baker's", car filled to the brim with many items and family members, headed for the 'high hills' of New Hampshire. (Wave good-bye if you see them on their way out of town next time, Chaunee will be the one with the big smile on her face ☺.)

While in Pittsburg the Bakers kick back and truly enjoy their time together. At their little cabin they get to enjoy the wildlife, such as deer, moose, bear, etc. Chaunee says that everything is so serene up there and it seems that life happens at a much slower pace. They've had the opportunity to go exploring the trails, moose peeping, shopping and, of course, trying out new eating places. Chaunee said that they ate at a place called 'Northern Exposure', a little restaurant named after the T.V. show and it is our understanding that there were two tapings of this place aired on the show. How exciting is that!!!!? (Cool dude Chaunee, keeping visiting and you might get on television yet! Then we can sing, "Star of the Day, who will it be?" ☺)

They also have visited a buffalo farm and got to meet two new baby calves that were only five days old. On the way back from this visit they stopped by the Balsams and checked out this spot. Chaunee had never been to the Balsams. She found it to be a beautiful place and really enjoyed it.

Shopping, of course, is always fun to do. While in the North Country the Bakers have gone into Berlin to do some exploring and saw all the buildings that have burned. Believe it or not there have been 12 fires this year alone in this area.

Next is Karen. Karen's favorite spot is Maine, her haven away from home. Here she feels she can regroup from the stresses of daily life. For as many years as I have known Karen and husband, Bobby, Maine has been their spot. She and Bobby try to get away to this destination as much as possible.

While in Maine, Karen and Bobby spend a lot of time on the beach, either walking or sitting soaking up the sun and taking in the beach sights. (We all know what that means ☺.) They don't hesitate to check out the restaurants, shopping malls or the movie theaters. One of Karen's favorite stopping spots is Lenny's. She claims they have the best chocolate candies ever!!!!

Karen is the Registry's chocoholic. If anyone knows chocolate, it's Karen. Milk chocolate is her favorite and she doesn't hesitate to tell us, especially at Christmas time when the Registry receives candy from the public. We have segregated piles of chocolate, one for Karen (the good chocolate) and the rest for us (the not so good chocolate, fillings vs. solid.) (I'm just kidding, well maybe I'm not??? HMMMMMM – have to think about this for awhile, what do you think ladies, segregated candy or not? ☺)

She says that there is a life size chocolate Moose on display in this shop. This would be fun to see. So if you're ever in Saco, stop in, buy some candy, and check out the Moose.

Off to Lake George, New York with Sherry. Sherry and her boyfriend, Kirk, left on Sept. 7th for Lake George to participate in an Old Car Show. They brought along a 1970 Camaro. Sherry said there were 500 plus cars, ranging from the 30's to the 80's. The majority of the cars paraded through the streets of Lake George, including Sherry's and Kirk's Camaro and for those cars that were not in the parade, they lined up along the streets for viewing. Many different types of vehicles were on display such as an old good humor truck, old milk truck, old army truck, Mach 1's, ford trucks, lots of Chevy Camaro's. These vehicles also came in many different colors including 'yukky' green (which obviously is not one of Sherry's favorite colors so we've learned. Stay away from green ladies.)

While in Lake George, Sherry also visited many eateries, went shopping and did a lot of walking. (Good for you Sherry, walking is a healthy way to burn off those very delicious extra calories indulged upon during this visit. ☺)

Sherry and Kirk also took the time to visit with family members that were in the area camping at one of Lake George's beautiful

The Registry's Summer Adventures (Cont....) Submitted by Sharron King

campgrounds.

Now we have Janet. Believe it or not, we have a tennis star in the making. Janet and her daughter, Katie, took up playing tennis. Janet says she really enjoys it but is not too sure that she will reach the Billy Jean King or Serena Williams' level this year. (You go girl, you know you can count on us to support you, we'll be your fan club! ☺)

Janet, Katie and Alli (the other daughter) took sometime and spent a few days at Hampton Beach, hanging out with other family members, enjoying the sun and the sights at the beach. This has been a family tradition for 20 years. (Good for you 'guys' for keeping this tradition going.) They have also been spending many weekends at Janet's sister's cottage on Emerald Lake in Hillsboro, N.H. While there they went to Hillsboro's Old Home Day and enjoyed watching the hot air balloons. (Janet chickened out on a ride in a balloon, aaah, we'll have to work on her for next summer. Fear not Janet, up, up and away. ☺) Janet says they have also been enjoying the summer concerts on the common at Newbury Harbor.

And last, but not least, is me. My destination point was San Antonio, Texas to visit my oldest daughter. Along the way, my fiancé Dan and I, went to Nashville and toured the city. Visited the Country Music Hall of Fame, Ryman's Theater where the Grand Old Opry originated from, Ernest Tubbs museum, etc. Then from Nashville it was off to Memphis to see Graceland for a tour. (It was very interesting and very moving to be able to see into someone's life style that is very different from your own.) From here we ended up in San Antonio for a few days to visit with Amy. While there, we ventured to a very small, antiquated town called Boerne, that had a lot of "What not" shops. Stopped in at one that made their own ice cream, indulged in one called Lemon Crumble Twist. Might I say mmmmmmm delicious! The next day we went and visited another old town called Fredericksburg. Here also were many "what not" shops. (San Antonio and the surrounding areas are a Shoppers haven, if you like shopping.)

Next stop, as we headed back home, was to Branson, Missouri. It's a town where a lot of the stars, such as Dolly Parton, Eddie Arnold, Mickey Gilley, etc. built a lot of their own theaters and stages. Went to a "Legends in Concert" show. The performers were impersonators of Elvis Presley, Alan Jackson, Brittany Spears, The Blues Brothers and The Temptations. My favorites were The Temptations and Blues Brothers. They all sang live and sounded and moved just like the original artists. (I had all I could do to sit still in my seat. I was 'a bee bopping' right along with the performers.) It was a fantastic show!

As the song goes, 'on the road again' to visit the arch known as "The Gateway" of America in St. Louis, Missouri. Do you know why we have the 'Gateway' as one of our national attractions? While there we watched a film on how the 'Gateway' was built. Incredible footage!!! Cannot believe that the workers who put the arch together did it without being tethered to the platforms from which they worked. 600 plus feet in the air! And not one worker lost a life. Amazing!! Took a tour of the "Gateway", went up into the highest point of the arch to view the city. (I wasn't too sure of the vehicle in which we had to ride, no windows, no A/C, click, click sound, a little nerve racking, but I made it to the top and back down. Glad that I did it, just another fantastic place to visit.) I would recommend it to anyone traveling in that direction to stop and see it.

We drove through the upper part of Kentucky and West Virginia, what beautiful country. I got the same feeling that Chaunee speaks about in Pittsburg. The mountains, farmlands, scenery, had a very serene, peaceful feeling about them. You could feel your whole self go into relax mode.

One last stop before home was Hershey, Pennsylvania to the chocolate factory. I'm not a real chocolate person, but there still is a "kid" in me and I had to go. Toured the facility, spent time in the candy store checking it out, bought some candy and then headed for home.

After a day of unpacking, catching up on laundry and mail, we topped off vacation time with a day in Kittery, Maine with family members shopping.

There are so many beautiful places to see and visit, right here in our own backyard for that matter. Pack up the family, jump into the car and head for the hills. We should be taking advantage of the opportunities. It is from these opportunities that we can learn so much about ourselves, the places we choose to anchor too and why, and the sharing times we can have with family and friends.

Overall, the Registry staff appears to have had a great, fun filled summer. We here at the Registry hope that everyone else did too. And for those with vacation times ahead, we wish you all a great, fun-filled time.

Onward to the fall and what great fun lies ahead. ☺

DEPARTMENT OF CORRECTIONS

The Department of Corrections would like to welcome two new officers to our team, Officer Tammy McLaughlin who comes from a strong correctional background and Officer Jack Strikland who has a strong business background. Both officers successfully

Officer T. McLaughlin completed a series of interviews plus a physical fitness test, physical and drug screening and did so with the up most professionalism. Please help me welcome these two new officers as they now begin there training at the Department of Corrections.

Officer J. Strikland

SULLIVAN COUNTY ASSOCIATION

Bake Sale

Saturday, October 20th
7AM to 3PM

Claremont, NH
Wal-Mart

Come join the Sullivan County Association as they try and raise money to support youth development for the Unity Elementary School. For more information contact Officer Donna Chartier at the Department of Corrections.

YEARS OF SERVICE

The Department of Corrections would also like to congratulate the following officers for their many years of service and dedication.

Officer Gerald Moore – September 11, 2 Years of Service

Officer Kenneth Howard – October 23, 2 Years of Service

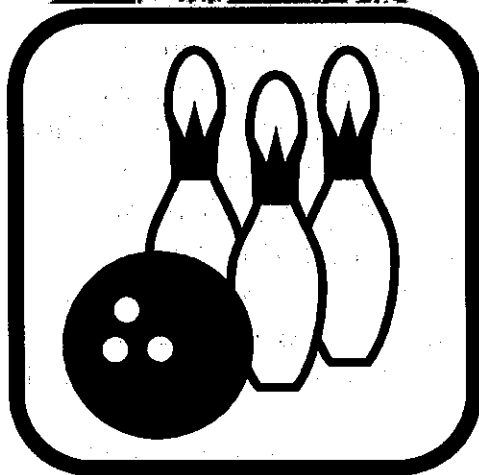
Officer David Siani – October 27, 4 Years of Service





Holiday Craft Sale

The Friends of Activities for Better Living in conjunction with the residents of SCHC are hosting a Holiday Craft Sale, Saturday, November 10th from 9 am-3:30 pm. We are looking for crafters and/or donation of craft items. 10 foot table space for vendors is \$10. Please see Ann LaBelle, 542-9511 Ext. 220



Discounted Bowling for Staff of SC!!!

We have been offered an opportunity to reserve some bowling lanes at Maples Lanes Bowling Alley in Claremont, for Friday, October 19th at a group rate. If you're interested in bringing your family, and/or going with some co-workers, please contact Ann LaBelle at Ext. 220 by Friday, October 5th, so I can reserve enough lanes. This is good and honest fun for adults and kids alike.

The Clerk of the Board of Commissioners and the Delegation through the County Manager and Commissioners Office staff should handle Postings/Notices for meetings of the Commissioners and the Delegation. The Clerk of the legislative body, is required through the Right-to-Know Law as follows:

1. **Regular Notice** – a. Notice of the time and place of any meeting (including nonpublic session) must be posted in two appropriate places 24 hours (excluding Sundays and legal holidays) in advance of the meeting. These should be places where people are likely to see them, such as the location where the checklists or town warrants are posted, or the agency's office lobby or front door and the State House or Town Hall bulletin board; b. Notice of the time and place may be printed in a newspaper of general circulation in the city or town at least 24 hours before the meeting, excluding Sundays and holidays; c. If the body decides to in into nonpublic session during an open meeting, the notice for the open meeting will suffice, but if both public and nonpublic sessions are planned in advance, the notice should so state and generally identify the topics to be addressed in each session. Including a brief outline of the agenda for each session is recommended.
2. **Emergency Notice Procedure** – a. This method of notice may be utilized if the chairman or presiding officer of the public body decides that immediate and undelayed action is imperative; b. Notice shall be made by whatever means are available to inform the public about the meeting. For example, notice may be given over the radio, the body may post notice, and/or may notify by telephone person known to be interested in the subject matter of the meeting. The nature of the emergency will dictate the type of notice, which can be given. In any event, a diligent effort must be made to provide some sort of notice; c. In the event an emergency meeting is required in an adjudicative proceeding (See RSA 541-A:1,I), notice must be provided to all parties unless the body possesses authority to issue an ex parte order in the case at hand; and d. the minutes of the meeting must clearly spell out the need for the emergency meeting.
3. **Notice of Legislative Meetings** – Notice of committee meetings shall be made in accordance with the Rules of the House of Representative and the Rules of the Senate, as appropriate

The Delegation is further mandated with notices through NH State RSA's as follows:

- **Per RSA 24:9-d Notice** – The clerk of the convention shall mail to each member of the convention a notice stating the time, place and purpose of the further meetings at least 7 days before the day of the meeting and shall cause to be published a like notice at least 7 days before the day of the meeting in a newspaper of general circulation in the county. Mailing such notice is not required during any session of the general court, if the notice is printed for 2 legislative days in the journal of the House of Representatives.

When such notices are brought to the attention of the Board of Commissioners Staff or the County Manager, they will review the notice and identify to the Clerk if the notice meets or does not meeting requirements. When notices meet RSA requirements, they will be posted by staff to the following:

1. a paper copy to the Commissioners Office, Sullivan County Health Care and Department of Corrections bulletin boards
2. a scan will be made of the notice and placed on the "County Calendar" page of the County's website: www.sullivancountynh.gov
3. an email advising the Town/City, Press, County Department Heads/Elected Officials, Secretary/Administrative Staff and Delegation will be sent to each of the distribution list advising of the link to the posting of the website.

Sullivan County Board of Commissioners

Date approved: Tuesday, September 18, 2007


Ethel Jarvis, Chair


Bennie Nelson, Vice Chair


Jeffrey Barrette, Clerk

Article XXXVI Informational Request From the Public and Elected Officials

Requests for public records/information has been set forth in the following New Hampshire State Right-To-Know Laws, set forth in RSA Chapter 91-A:

5. Whenever access to public records is requested, the agency must make a diligent effort to produce the record. An agency is not required to create a record where one does not exist. If public information is requested in a format, which does not exist, the agency is not required to create that format. Brent v. Paquette, 132 N.H. 415 (1989).

6. If the requested records are not immediately available, the agency is required to, within five (5) business days, make the record available, deny the request in writing with reasons, or furnish a written acknowledgement of the request and a statement of the time reasonably necessary to determine whether the request shall be granted or denied. RSA 91-A:4,IV. Arranging a mutually convenient time for the inspection of public documents is consistent with the purposes of the Right-to-Know Law. Brent v. Paquette, 132 N.H. 415 (1989)

As it pertains to Sullivan County, all requests for information must be made in writing to the County Manager, Ed Gil de Rubio, 14 Main Street, Newport NH 03773; e-mail: manager@sullivancountynh.gov ; or faxed to (603) 863-9314. The request will be date stamped with the Commissioners Office date stamp machine the day it arrives or is dropped off with the document placed in the County Manager's In Box. Attempts will be made to respond prior to the 5 day Right To Know Law rule.

If it is necessary to use a photocopying machine (See Right to Know Law III.F.3), unless decided otherwise by a quorum of a public body, a fee will be charged to cover the expense of copies; at a current rate of .10 a copy, with the first 10 pages free.

Sullivan County Board of Commissioners:

Date approved: Tuesday, September 18, 2007

Ethel Jarvis, Chair


Bennie Nelson, Vice Chair


Jeffrey Barrette, Clerk

Making Money Work FOR YOU

When: October 22, 29, &
November 5, 12, 26, 2007

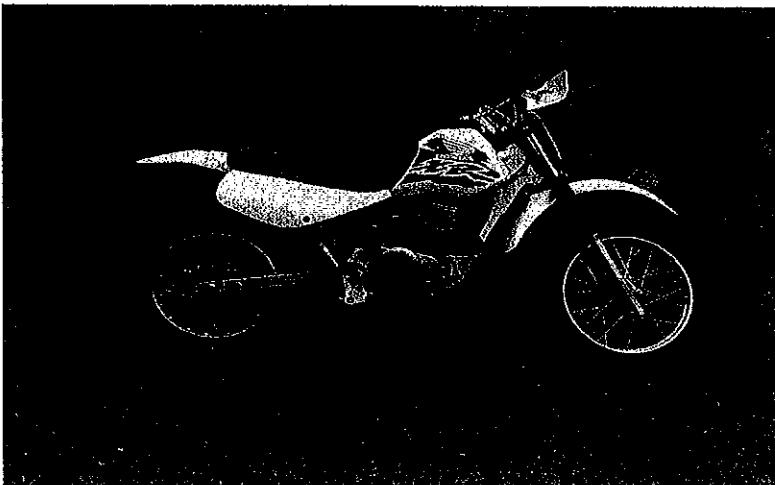
Time: 5:00 to 7:00 PM

Where: Claremont Savings Bank
145 Broad St. Claremont, NH

Cost: \$12/individual or couple,
(Scholarships available)

To Register: Call UNH Cooperative Extension
Telephone: 863-9200

Employee Marketplace



FOR SALE

1998 Honda XR80.

Manual shift, runs great, never
raced, very clean.

Would make super x-mas present.
Getting too small for my son, so
he is selling for down payment on
his first car.
A must see!!!!

\$750.00 O.B.R.O.

Contact Denis or Melanie
- 863-9476



CALLING ALL PARENTS -
YOU DESERVE A BREAK.....
Come to the Sullivan County



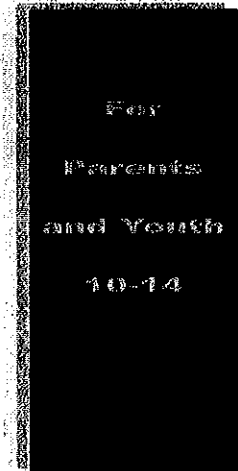
STRENGTHENING *families* **PROGRAM**

(Free dinner for you and your family!

(You and your 10-14 year old learn how to get long,
enjoy your family and have fun together.

(Success Guaranteed! Research says it really works!!
Come and try it out for a week or two.

(Funding to Sullivan County is provided by NH DHHS,
Division of Public Health Services, Bureau of
Prevention Services, ATODP.



NEWPORT CLASS

Location: Sugar River Valley Regional
Technical Center - North Main Street

When: Tuesday Evenings

Dates: October 2 - November 13, 2007

Time: Dinner from 5:30 - 6:00 p.m.

Program from 6:00 - 8:00 p.m.

CLAREMONT CLASS

Location: Claremont Middle School
107 South Street

When: Tuesday Evenings

Dates: October 9 - November 20, 2007

Time: Dinner from 5:30 - 6:00 p.m.

Program from 6:00 - 8:00 p.m.

ENJOY 7 FREE NIGHTS OUT ON US!

Attend 6 out of 7 classes and receive a \$25 gift card.

For more information or to register call:

GAIL KENNEDY AT 863-9200

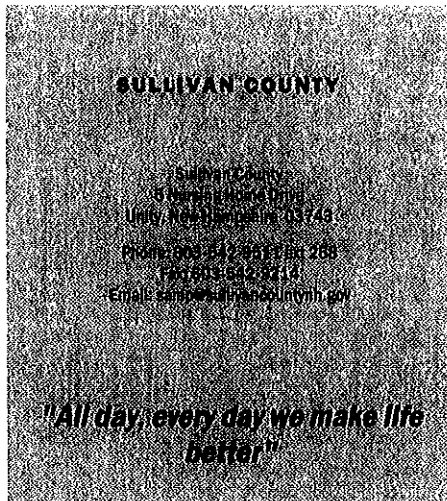


Welcome Aboard!!!

Welcome to the following employees who have joined the staff of Sullivan county with in the past 2 months:

Amanda L. Ayotte
Lynn Martino
Heath E. Miller
Kristina Kalacinski
Marcus R. Zehr
Susan E Bergeron
Jack Strickland
Tammy McLaughlin
Ross Cunningham
Carrie Torney
Christina Waters

Food Service Worker
Food Service Worker
RN - Unit Manager
LNA
LNA
Director of Admissions
Correctional Officer
Correctional Officer
Superintendent of Corrections
Activity Aide
LPN



Environmental Service Week Submitted by Heather Presch & Greg Chanis

September 9 through September 15 was National Environmental Services Week. Here at Sullivan County we celebrated with a BBQ on Wednesday for all Environmental Services staff. We also had a pizza luncheon and snacks at break times.

This one week of the year is a time when we can give extra credit to the folks who complete a lot of behind the scenes work that makes our facility shine. Thank you to the frontline workers in the entire Environmental Services/Facilities Department, the work you do is important and very much appreciated!

**Thank you to all Environmental/
Facilities staff members**
Pat Barrette
Donna Gobin
Virginia Peavy

Cindi Oullette
Beth Lacallaide
Sheila Davis
Simone Drainville
Mike Marcotte
Barbara Townes
Monica Howe
Rose Muskelly

Lynn Parkinson
Don Woodman
Dana Laroche
Carl Laroche
Gerry Spencer
Beverly O'Brian
Bruce Tierney
Connie Susee

Brenda Warner
Jane Stickney
Jennie Goodwin
Diane Richardson
Pamela Bashaw
Bob Porter
Brad Bennett
Mark Kenny
Roland Fournier
Bill Peoples
Robin Fontaine

